

**JAMES CITY COUNTY  
COMMUNITY-BASED SERVICES  
RESOURCE LIST**

AGENCY	SERVICES	INSURANCE ACCEPTED	CONTACT INFO
<b>Assessment and Counseling of Williamsburg</b>	Parenting Capacity Evaluations Intelligence Testing Drug Tests	CSA	757-284-4554
<b>Colonial Behavioral Health</b>	Intensive Care Coordination Intensive In-Home Medication Management Mental Health Assessments Parenting Capacity Evaluations Outpatient Counseling Substance Abuse Screening/Treatment	Medicaid Major Insurance Providers <sup>1</sup> CSA	757-253-4074 www.colonialbh.org gwcac.va.networkofcare.org
<b>The Counseling Center</b>	Mental Health Assessments Outpatient Counseling Substance Abuse Screening/Treatment Anger Management Drug Screens	CSA Self-Pay Medicaid	757-826-4600 www.thecounselingctr.com
<b>Dreamcatchers</b>	Equine Therapy	CSA Self-Pay	757-566-1775 dreamcatcherswilliamsburg.org
<b>Family Insight</b>	Applied Behavioral Analysis (ABA) Intensive In-Home Mental Health Support	CSA	757-233-0003 www.familyinsight.net
<b>Family Preservation Services</b>	Applied Behavior Analysis (ABA) Home-Based Counseling Therapeutic Mentoring Virtual Residential	Medicaid CSA	757-838-8520 www.fpscorp.com

<sup>1</sup> Check with your insurance provider for eligibility  
Updated 1/20/2017

	Outpatient Counseling		
<b>Family Priority, LLC</b>	Applied Behavior Analysis Therapy (ABA) Home-Based Counseling Intensive In-Home Level III: Intensive Family Preservation Level III: Whatever It Takes Outpatient Counseling Family Preservation Psychosexual Evaluations	Medicaid CSA	757-645-3860 familypriority.net
<b>First Home Care</b>	Intensive In-Home Mental Health Skill Building Outpatient Counseling Therapeutic Day Treatment Respite	Medicaid Medicaid MCOs Tricare CSA	757-393-7244 www.firsthomecare.com
<b>Integrated Health Services</b>	Autism Spectrum Services Anger Management 24 Hour Crisis Intervention Trauma Informed Care Independent Living Services Certified Sex Offender Treatment Services Comprehensive Psychosexual Evaluation Individual and Family Therapy Sessions (Sex Offender Sessions) Intensive In-Home Mentoring Parenting Skills Training Substance Abuse Treatment	Medicaid CSA	757-838-1894 ihsva.com
<b>Intercept Youth Services, Inc.</b>	Crisis One Intensive In-Home	Medicaid 294-Approved <sup>2</sup> CSA	804-440-3700 www.interceptyouth.com

<sup>2</sup> For Court Services clients only  
Updated 1/20/2017

	<p>Life Skills Coaching  Mental Health Skill Building  Mentoring  Parenting Skills Training  Raising Our Children  Transitional Services (from residential to home)  Wrap Services  Sex Offender Assessment  Sex Offender Individual and Group Therapy  Polygraph  Fresh Start Assessment and Diagnostic  Parent Coaching</p>		
<b>Lutheran Family Services</b>	<p>Therapeutic Foster Care  Adoption Home Study  Adoption Training  Adoption Legal report, Placement, Finalization (International/Out of State)  Adoption Groups  Therapeutic Support Services  Guided Visitation (Alone and Supervised)</p>	<p>CSA  Medicaid</p>	<p>757-722-4707</p>
<b>National Counseling Group</b>	<p>Home and Community Based Counseling  Residential Diversion Program  Basic Parenting Assessment  Comprehensive Parenting Assessment  Parenting Classes  Parents as Leaders (PALs) Group  Family Reunification  1:1 Parent Coaching  Crisis Support Services  Therapeutic Mentoring  Life Skills Coaching and Assessment  Substance Abuse Evaluations</p>	<p>CSA  Medicaid  Insurance  Self-Pay</p>	<p>757-240-5595</p>

	Substance Abuse Treatment Individual and Family Counseling Psychological Testing Intensive In-Home Services Mental Health Skill Building		
<b>Quadrant Family Services</b>	Parent Coaching Mentoring	CSA Self-Pay	
<b>Peninsula Therapy Center</b>	Family Therapy Marriage Therapy Group Therapy Psychosexual Evaluation	Insurance Self Pay CSA	757-873-3353
<b>Therapeutic Intervention &amp; Heritage for Kids</b>	Intensive In-Home Services Mental Health Skills Building Therapeutic Day Treatment Therapeutic Mentoring	Medicaid CSA	757-678-6234 <a href="http://www.therapeuticinterventions.com">www.therapeuticinterventions.com</a>
<b>Therapeutic Intervention Services</b>	Job Readiness Program Mentoring Parent Aides Virtual Residential Intensive In-Home Services	Medicaid CSA	757-410-0382 <a href="http://tiscanhelp.com">tiscanhelp.com</a>
<b>United Methodist Family Services</b>	Supervised Visitation Therapeutic Visitation Family Finding and Engagement Family Group Decision Making Parenting Education & Coaching Home-Based Counseling Respite Therapeutic Mentoring	Medicaid CSA	804-353-4461 <a href="http://www.umfs.org">www.umfs.org</a>

<b>The Up Center</b>	Mentoring Outpatient Counseling Parent Support Psychosexual Evaluations Intensive In-Home	Medicaid Major Insurance Providers <sup>3</sup> CSA	757-622-7017 theupcenter.org
<b>Virginia Home for Boys and Girls</b>	Intensive Care Coordination Intensive In-Home Services Mentoring Home Based Counseling	Medicaid CSA	804-270-6566 www.boysandgirlshome.org

## SERVICE DESCRIPTIONS

**APPLIED BEHAVIOR ANALYSIS THERAPY-** a therapy proven to be successful with children on the autism spectrum. ABA replaces undesirable behavior with acceptable behavior through a system of consistently applied rewards and consequences.

**AUTISM SPECTRUM SERVICES-** an intensive in-home program that incorporates Applied Behavioral Analysis and Natural Environment Teaching techniques to improve clients' functioning and behaviors while teaching parents behavior modification through modeling.

**CRISIS ONE-** a mobile crisis service for children, adolescents & adults who are experiencing acute psychiatric dysfunction requiring immediate clinical attention and intervention, or who are at risk of psychiatric hospitalization or incarcerations due to an acute mental health crisis.

**EQUINE THERAPY:** therapeutic riding provides people with physical, mental and psychological challenges opportunities to use equine activities - adapted and individualized for them - as recreation, socialization, and skill-building.

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<sup>3</sup> Check with your insurance provider for eligibility  
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**FAMILY FINDING & ENGAGEMENT-** a service that identifies, locates, and engages families of children who currently live in out-of-home placements. Once family members are found, an individualized engagement strategy is developed to establish a relationship between the child and the family members.

**FAMILY GROUP DECISION MAKING-** Staff facilitates a family team meeting, in coordination with a community case manager, to conduct a strengths-based assessment and develop a Wraparound Plan consistent with the needs of the family.

**FAMILY PRESERVATION SERVICES-**Family preservation interventions for children and adolescents who are at risk for serious emotional disturbance, including individuals who have a diagnosis of intellectual disability, with parent/caregiver needs which impact care for the child. Family Preservation service is usually time-limited and is provided typically but not solely in the residence of the individual. The service includes 24 hour per day emergency response; crisis treatment; individual and family counseling; life, parenting, and communication skills; case management and coordination of other services.

**HOME-BASED COUNSELING-** clinical services provided in the home to children and families' identified needs. Services may include individual and family therapy; crisis intervention and resolution; life, parenting, and community skills; teaching more effective communication; stress management; and substance abuse counseling.

**INTENSIVE CARE COORDINATION-** an intensive case management service that links families with both informal and professional resources to provide services to either prevent a child from going into an out-of-home placement or to transition a child out of placement and stabilize them in the home.

**INTENSIVE IN-HOME-**a short term, solution-focused, counseling service provided in the home for children and youth who are at-risk of being removed or who are transitioning back from an out-of-home placement due to a severe emotional or behavioral problem.

**JOB READINESS PROGRAM-** a program services to assist clients with preparing for, obtaining and maintaining employment by teaching skills such as interviewing, resume writing, and professional communication. Post-employment services are also provided to help motivate, encourage and support clients.

**LEVEL III: FAMILY PRESERVATION-**Provides the highest level of service within the family home to youth at imminent risk of an out of home placement. The goal is to enable the youth to grow and develop in areas of emotional, psychological and mental wellbeing. Histories will indicate severe problems in behavioral functioning in family, school and community settings; difficulties in problem solving, age appropriate functioning; and emotion functioning of a long term nature.

**LEVEL III: WHATEVER IT TAKES-** provides the highest level of therapeutic intensity within the home for children and youth who are at imminent risk of out of home placement with the goal of assisting clients and their families with growing and developing in the areas of emotional, psychological and mental well-being.

**LIFE SKILLS COACHING-** assist youth with re-entry into the community, addressing identified delinquent needs which include activities to prepare youth for self-sufficiency. Specialists work with youth on specific goals to improve behaviors and improve skills.

**MENTAL HEALTH ASSESSMENT-**an overall picture of how well a client is functioning emotionally and how well they are able to think, reason, and remember (cognitive functioning) to evaluate for mental health and/or developmental problems that may need clinical intervention.

**MENTAL HEALTH SKILL BUILDING-** provides training for individuals over the age of 17 with mental illness, resulting in significant functional impairments in major life activities, including functional skills; symptom management; appropriate behaviors; personal hygiene; nutrition and food preparation; money management; and use of community resources.

**MENTORING-** youth receive individualized services focused on improving social, emotional and daily living skills. Individualized service plans are written utilizing strength-based interventions to address areas of concern.

**OUTPATIENT COUNSELING-** a process where individuals, couples and/or families work one-on-one with a trained therapist in a safe, caring and confidential environment. People seek therapy for coping with major life challenges, childhood trauma, dealing with depression, anxiety, personal growth and developing a greater self-knowledge.

**PARENT AIDES-**provide parent aide/mentoring services to help equip parents with necessary skills to be better parents, including relationship building; involvement in children's education and activities; communication; time management; and goal setting.

**PARENTING EDUCATION & COACHING-** this prevention service seeks to provide practical parenting education, role modeling, training, and skills building. The practical parenting education may include age-appropriate behavioral management strategies, communication and conflict resolution skills role modeling, and coaching. Common areas of focus include grief and loss, attachment, and trauma processing.

**PARENTING SKILLS TRAINING-** uses a strengths-based model to teach parents about children's mental and physical development from birth and beyond to assist in building effective parenting skills.

**Psychosexual Evaluation-** A psychosexual evaluation focuses on an individual's sexual development, sexual history, paraphilic interests, sexual adjustment and recidivism risk level.

**POSITIVE BEHAVIOR SUPPORT -** provides Behavior Consultation to make the problem behavior(s) inefficient and ineffective by teaching direct replacement behaviors. Produces a behavior plan detailing exactly what needs to be provided to support the individual to decrease problem behavior and increase their quality of life.

**RAISING OUR CHILDREN PARENTING SKILLS TRAINING-** a home-based parenting skills program that utilizes the Nurturing Parenting evidence-based curriculum to reduce risk factors and enhance protective factors by teaching parents about nurturing and attachment; child growth and development; child care and safety; positive discipline; health and nutrition; and parental and family resilience.

**RESPITE-**The service provides temporary relief to caretakers, and protects the health, safety, and welfare of a child on a short-term basis. Provides temporary respite to primary caregivers with the aim of reducing stress, preventing abuse and neglect, supporting family stability, and minimizing placement disruption.  
\*Only applies to caregivers who have custody of their children.

**SUBSTANCE ABUSE ASSESSMENT-** includes a thorough assessment by a licensed professional of substance use issues as well as mental health and developmental issues.

**SUBSTANCE ABUSE TREATMENT-**services provided to help treat substance use issues, which may include detox, individual and/or group counseling, and random drug testing.

**SUPERVISED VISITATION-** service provided to provide a safe-supportive visitation environment to keep children safe and avoid unnecessary conflict. A worker observes interactions between the child(ren) and their family and ensures the safety of all participants.

**THERAPEUTIC VISITATION-** a service structured to provide a therapeutic environment during visitation in which the child(ren) and their family are working toward identified treatment goals established by the parent/family member(s), the Department of Social Services, and the UMFS Social Worker conducting the visit.

**TRANSITIONAL SERVICES-** transitional Services are In-Home Services offered to clients while they are preparing to transition home from a residential setting such as an Intercept Group Home. Transitional services allow for more swift and successful discharges to the resident's biological, foster or adoptive families.

**VIRTUAL RESIDENTIAL PROGRAM-** a service that provides the structure of a residential environment in the home through the use of highly intensive, multi-systemic in-home services. The focus is on defusing imminent risk factors and implementing crisis stabilization plans.

**Wrap Program-**Provides Individualized Support Services to provide 24/7 wrap around services to maintain placement in a youth's current living situation. Services include Lead Therapeutic Support, Therapeutic Support, and Overnight Support





**JAMES CITY COUNTY OUT-OF-HOME PLACEMENT RESOURCE LIST**

<b>THERAPEUTIC FOSTER CARE</b>		
<b>AGENCY</b>	<b>LOCATION</b>	<b>REFERRAL NUMBER</b>
<b>Family Preservation Services</b>	Hampton	757-838-8520
<b>First Home Care</b>	Portsmouth	757-393-7244
<b>Heritage for Kids</b>	Hampton	757-827-2923
<b>Intercept Youth Services, Inc.</b>	Richmond Newport News	804-440-3700
<b>Lutheran Family Services</b>	Hampton	757-722-4707
<b>The Up Center</b>	Norfolk	757-354-3819
<b>United Methodist Family Services</b>	Richmond	804-353-4461
<b>GROUP HOMES</b>		
<b>AGENCY</b>	<b>LOCATION</b>	<b>REFERRAL NUMBER</b>
<b>Elk Hill</b>	Goochland	(804) 457-4866
<b>Grace Haven Home</b>	Richmond	804-779-2356
<b>Grafton Integrated Health Network</b>	Winchester Richmond	888-955-5205 804-674-8888
<b>Intercept Youth Services, Inc.</b>	Richmond	804-440-3700
<b>The Virginia Home for Boys and Girls</b>	Richmond	807-270-6566
<b>RESIDENTIAL TREATMENT FACILITIES</b>		
<b>AGENCY</b>	<b>LOCATION</b>	<b>REFERRAL NUMBER</b>
<b>Barry Robinson Center</b>	Norfolk	757-455-6100
<b>Childhelp</b>	Ligunum	540-399-1926
<b>Cumberland Hospital</b>	New Kent	800-368-3472
<b>Elk Hill</b>	Goochland	(804) 457-4866
<b>Grafton Integrated Health Network</b>	Berryville	540-542-0200
<b>Hallmark Youthcare</b>	Richmond	(804) 784-2200
<b>Harbor Point Behavioral Health Center</b>	Portsmouth	757-393-0061

<b>The Hughes Center</b>	Danville	434-836-8508
<b>Intercept Youth Services- Fresh Start</b>	Richmond	804-440-3700
<b>Liberty Point</b>	Staunton, VA	540-213-0450
<b>Newport News Behavioral Health Center</b>	Newport News	757-888-0400
<b>North Spring Behavioral</b>		
<b>Phoenix House of the Mid-Atlantic- Substance Abuse Treatment &amp; Recovery Services</b>	Arlington	540-446-3929
<b>Poplar Springs</b>		
<b>Riverside Behavioral Health Center</b>	Hampton	757-827-3117
<b>United Methodist Family Services</b>	Richmond	804-353-4461
<b>Virginia Baptist Children's Home- Hope Tree</b>	Salem	540-389-2212
<b>PRIVATE DAY PLACEMENT AND RELATED SERVICES</b>		
<b>AGENCY</b>	<b>LOCATION</b>	<b>REFERRAL NUMBER</b>
<b>Commonwealth Autism (Founder's Center)</b>	Richmond	804-355-0300
<b>Peninsula School for Autism</b>	Newport News	757-223-0558
<b>Rehabilitation Associates (Speech, Occupational Therapy)</b>	Virginia Beach	757-490-3223
<b>Rivermont School</b>	Hampton	757-825-1672
<b>Speech Connections (Speech Therapy)</b>	Henrico	804-672-8587
<b>St. Joseph's Villa</b>	Richmond	804-553-3200